



Lady Health Workers Training on CMAM & IYCF by PPHI District Tando Muhammad Khan

Under PINS Project, PPHI Sindh, District Tando Muhammad Khan conducted range of training events at various locations for LHWs and LHSs of district TMK on Nutrition, CMAM & IYCF. PPHI Sindh, District Tando Muhammad Khan is implementing Nutrition Project with Title of "Program for Improved Nutrition in Sindh (PINS) through CMAM and IYCF approach with funding of European Union.

In primary health care settings, frontline health workers play a vital role in addressing the disease burden in Sindh. The number of trained frontline health workers has always been low. In order to achieve SDGs, strengthen primary health care system and achieve Universal Health Coverage, LHWs play a key role. LHWs are expected to be agents of change within their covered areas by providing integrated preventative and curative health services to their community. So, it was necessary to capacitate LHWs on Nutrition Intervention, in order to detect early cases of severe acute malnourished children at community level to refer them at concerned OTP (Out Therapeutic Patient) site immediately and to aware communities about under lying causes of malnutrition and its prevention.

According to findings of censuses 2017 the total population of the District is **677,228**, out of total population **62% is covered** by LHWs while remaining **38% is uncovered**. These facts and figures are endorsed by DoH officials at district level. It was keenly observed by worthy **Deputy Commissioner (DC) Tando Muhammad Khan during DCCN meetings** that, referrals from LHWs are comparatively very low. He directed to Officials of health department to ensure 100% referrals from LHWs' side and he assigned PPHI to arrange training for capacity building of all LHWs in the district.

Total **377 LHWs out of 390** successfully participated in the training, similarly, **9 LHSs out of 10** successfully participated in the training. All necessary arrangements like; lunch, tea, stationery and handouts of training material were arranged by PPHI District Office Tando Muhammad Khan PINS Project. Total **14 batches** of training were taken place and each training session comprised on One Day.



S.No	Date	Venue	No of Participation
1	25-02-2021	DHQ TMK	29
2	04-03-2021	DHQ TMK	35
3	06-03-2021	RHC Rajo Nizamani	25
4	08-03-2021	RHC Rajo Nizamani	25
5	10-03-2021	RHC Bulari Shah Kareem	27
6	11-03-2021	BHU Shaikh Bhirkiyo	31
7	11-03-2021	DHQ TMK	23
8	13-03-2021	BHU Mullan Katiar	24
9	15-03-2021	DHQ TMK	18
10	15-03-2021	THQ Tando Ghulam Hyder	24
11	16-03-2021	DHQ TMK	24
12	17-03-2021	DHQ TMK	36
13	18-03-2021	DHQ TMK	22
14	19-03-2021	DCD Koro Khan Lashari	32

a) Training Monitors:

District Health Department officials monitored the training events and appreciated PPHI efforts to build the capacity of LHWS.

- a. Dr Nayab Gul Bhatti, ADC SLHW
- b. Dr. Shagufta Thaheem, District Nutrition Focal Person
- c. Mr. Muhammad Ahmed, District Manager PPHI TMK
- d. Dr. Amir Khushk, MS of THQ Tando Ghulam Hyder
- e. Dr. Ayoub Memon, MS RHC Buleri Shah Kareem
- f. Dr. Manzoor Shah, MS DHQ TMK

b) Output of the training:

- LHWS were updated on proper way of measuring **MUAC** with standardized protocols.
- Balanced diet and its importance.
- Food groups and food diversity.
- 1000 days and its importance.
- PINS- ER2 Nutrition Specific Component.
- CMAM and IYCF.
- Active case finding referral and follow-ups
- OTP admission and Exit Criteria
- Social Behavior Change Communication approach.

- Nutrition Status in Pakistan and Sindh.
PICTORIAL VIEW OF TRAINING



Figure 1: PPHI DM briefing training participants



Figure 2: MS DHQ TMK



Figure 3: District Nutrition FP Dr. Shagufta Thaheem



Figure 4: LHWs Training



Figure 5: LHWs Training



Figure 6: LHWs Training



Figure 7: LHWs Training



Figure 8: LHWs Training



Figure 9: LHWs Training